

# Shepherd's day not as peaceful as it appears

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By ANTON GARRITY  
Herald Staff Writer

What would it be like to work every day from the back of a horse and to live miles away from even the smallest town?

Well, that's what Walter Gallegas, 58, has been doing for the past 40 years as a shepherd. Gallegas was born in New Mexico but raised in Grantsville. He comes from a family of shepherders. His father and grandfather were both shepherders before him.

Gallegas spends his time living near a large herd of sheep, whether it's up in the Strawberry valley during the spring and summer, or whether it's out in the desert just west of Tooele during the fall and winter.

The herd consists of nearly 2,500 ewes and almost as many lambs. The herd is kept all summer long within a five-mile radius. Each ewe has one or two lambs a year, which are kept until they're sold each fall when they weigh approximately 100 pounds.

The shepherd life may sound like a fun opportunity for a month or even an entire summer, but to do it year after year with a family back in Grantsville, "You really need to enjoy your profession," and that's exactly what he does, said Gallegas.

He has a wife and two daughters he doesn't get to see too often during the year. With 20 to 30 days of vacation a year, Gallegas is able to spend some time at home. Once in awhile his wife will come up to the mountains and stay with him for a few days at a time.

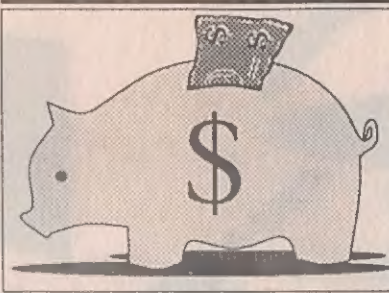
The remaining days of the year are spent hard at work tending the herd of nearly 5,000 sheep.

The sheep belong to Merrill Beckstrom of Benjamin. The Beckstroms provide weekly supplies of food as well as horses, a small one-man trailer and all his other necessary provisions.

A wood stove in the trailer is the only source of heat during the cold nights. The trailer is also

furnished with one bed and a propane light. Those are all the comforts of home.

A typical day for Gallegas begins at 4 a.m. with a cup of coffee. Then it's time to get right



## A Day's Pay

out and wake up the herd. He will then come in for breakfast about 11 a.m. and have a meal, which usually consists of ham or bacon and eggs.

He then goes to move the herd, and usually has them in place about 3 p.m. The sheep graze until it starts to get dark. Gallegas then beds down the herd, takes care of the horses and dogs and then makes his dinner.

His evening meal will typically consist of "mutton and chops with tortillas and beans." He is usually in bed by 8 p.m.

It's not as easy or routine as it sounds. Gallegas has to deal with coyotes, bears and mountain lions aside from the normal daily work. Just this summer alone, 63 sheep have been killed by these predators. "I don't see how sheep men can stay in business with so many sheep being killed off. This is the worst year I've ever seen," said Gallegas.

Up to three horses are used each day to keep riding around the large herd. These horses also need to be looked after, as well as two dogs. Gallegas spends most of each day in the saddle. "I'm saddle sore every day, but you get used to it," he said.



Herald Photo/Lane Critser

Walter Gallegas spends his days on the back of a horse with only thousands of sheep for company and modest comforts of home.

"Walter keeps a very neat camp, he washes his own clothes, cooks his own food, and even bakes his own bread," said Beck-

strom.

According to Gallegas, there aren't too many shepherders around anymore. "There are even fewer old-timers left. There are a lot of young Peruvian guys working now," said Gallegas.

One of the most challenging things for a shepherd is to deal with the predators, said Gallegas.

"There's bears out here, and you never know when that bear will come out of the timber at you. I shot a coyote the other day, and there seems to be more and more mountain lions every year."

"Walter is a good shepherd and very dependable, you don't find that a whole lot anymore," added Beckstrom.

Day's Pay is a regular feature highlighting unusual ways people make a living. If you have a suggestion for this column contact The Daily Herald city desk, 373-5050.



8, 1907, in Palmyra, the son of Edward Morris and Rhoda Robertson Banks. He married Ireta Lewis, June 2, 1941, in the Salt Lake LDS Temple.



He had been a lifelong resident of Palmyra, where he had been a farmer and also a field supervisor for the DelMonte Cannery for 41 years. He graduated from Spanish Fork High School.

He was an active member of The Church of Jesus Christ of Latter-day Saints, and had served as superintendent of Sunday School, member of the bishopric, and a high priest leader.

He is survived by his wife, Palmyra; one daughter, Mrs. Lewis (Afton) Pintar, Palmyra; one foster son, Heber Grant Cooley, Salt Lake City; nine grandchildren, three great-grandchildren; one sister, Mrs. Rhoda Thomas, Spanish Fork. He was preceded in death by three brothers and two sisters.

Funeral will be Wednesday, 11 a.m., at the Palmyra LDS Ward Chapel, 1866 W. 5000 S., Palmyra. Friends may call at Huff-Linde Funeral Home, 519 N. Main Street, Spanish Fork, Tuesday 6-8 p.m. and Wednesday at the church one hour prior to service.

Burial will be in Spanish Fork City Cemetery.

## Zigi Sorensen

Zigi Anne Sorensen, 15, of Provo, died Sunday, Sept. 24, 1989, at Utah Valley Regional Medical Center in Provo, after a long illness.

She was born April 15, 1974, in Salt Lake City, a daughter of Stanley E. and Nancy Jackson Sorensen.



She spent the early years of her life in Cedar City. She attended school there and loved to sing and dance. She entertained with groups at Disneyland and Opryland. She moved to Provo with her family in 1984.

She was in student government at Dixon Junior High and was secretary of the freshman class at Provo High School. She was active in her LDS Ward.

Survivors include her parents of Provo; five brothers and one sister, Stanley Todd Sorensen, Travis James Sorensen, Jonathan David Sorensen, Jed Jackson Sorensen, Brooks Luke Sorensen, Tambi Rose Sorensen, all of Provo; her grandparents,

25, 1907, in Ogden, the son of Samuel Vernor and Marian Lindsay Hobson. He married Norma Goddard, April 14, 1938, in the Salt Lake LDS Temple.



He graduated from the University of California at Berkeley in 1940. During World War II he served as a Lieutenant Commander in the U.S. Navy in the Pacific area.

He was employed by General Electric in San Francisco, Seattle and Indianapolis. Following early retirement he served in the BYU Development Office.

He was a member of The Church of Jesus Christ of Latter-day Saints and held the office of high priest. He had served as bishop's counselor and stake mission president in Indianapolis, Ind.; stake executive secretary, member of YMMIA stake board and a high councilor in Provo. He served as a sealer in the Provo LDS Temple for 17 years.

He was past president of the Sons of Utah Pioneers, Brigham Young Chapter.

He is survived by his wife, Provo; one son and one daughter, Mrs. Barry K. (Marilyn) Fowler, Robert V. Hobson, both of Salt Lake City; six grandchildren; one sister, Mrs. F. Wayne (Marianne) Bell, Fontana, Calif.

Funeral will be Wednesday, 11 a.m. in the Rock Canyon Chapel, 2445 N. 650 E., Provo. Friends may call at Berg Mortuary, 185 E. Center, Provo, Tuesday 6-8 p.m. and Wednesday one hour prior to services.

Burial will be in Salt Lake City Cemetery.

## Mary Walker

Mary Laureen Waterlyn Jolley Walker, 70, died Saturday, Sept. 23, 1989, at Utah Valley Regional Medical Center, from a lingering illness.

She was born Oct. 21, 1918, in Santaquin, the daughter of Charles and Adella Richmond Waterlyn. She married Grant Jolley, June 12, 1947, in Elko, Nev. He died May 7, 1974. She married Vern M. Walker, Dec. 28, 1984, in Provo.



She attended Provo city schools, graduated from Provo High School and attended Brigham Young University. After college she worked as a secretary before her marriage.

bile lab offers patients with kidney stones the opportunity to take advantage of shock wave therapy.

Dr. Ron Oldroyd, one of seven rotating urologists trained at Utah Valley Regional Medical Center to operate the lithotripter, explained that the therapy is relatively painless, effective and bypasses surgery.

It replaces the latest laser therapy that has become obsolete in less than five years.

The Lithostar unit utilizes a low energy electromagnetic shock wave to actually pulverize stones through repeated "hits."

The patient is sedated but conscious. There's no incision and minimal discomfort, said Oldroyd.

A patient comes in for about an hour and a half treatment and can then resume a normal routine shortly afterward.

Sometimes the site of the lithotripsy may become reddened and slightly bruised but no lasting impacts remain.

A patient does not generally feel more than a slapping kind of sensation as the waves disintegrate a stone.

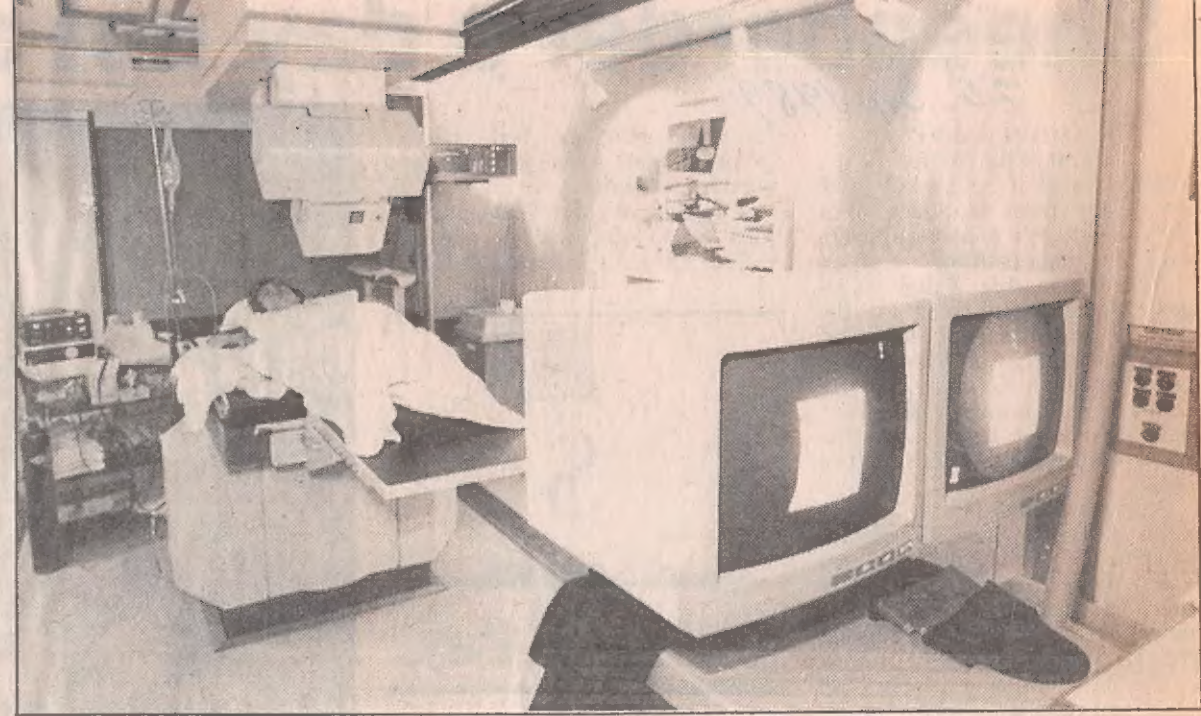
Generally between 5,000 and 8,000 hits are administered to complete a disintegration.

"It's a reverse of the physics of a satellite dish. We're focusing a shock wave on the stone, concentrating on that abnormality."

Oldroyd said the procedure works well on stones in the renal, or urethral tract, as well as on the kidney stones.

Stones inside the renal, or urethral tracts, have traditionally been more difficult to treat because treatment required some expansion, and that was painful.

Compared to surgeries that required a stay of four to five days in the hospital and cost \$10,000



Herald Photo/Lane Critser

Patient Patricia Jennings undergoes shock-wave therapy for kidney stones.

**"It's a reverse of the physics of a satellite dish. We're focusing a shock wave on the stone, concentrating on that abnormality."**

minimum, the cost of the lithotripsy is much less expensive.

A typical treatment bill is around \$8,000 for the one-time

procedure, said UVRMC spokesmen, Clark Caras.

Caras pointed out that insurance companies and Medicare cover the new treatment.

The 40-foot-long 13½-foot-high Lithostar comes to UVRMC once a week. It's owned by Siemens Corporation, and the Utah-Idaho unit is a franchise of Lithotriptors Inc.

Only six such units exist.

This one is based in Salt Lake at the LDS Hospital and travels through Montana, Idaho and Utah to UVRMC, McKay-Dee, Logan Regional, and Pocatello Regional Medical Centers.

In the event that a patient needs the lithotripsy when the

unit isn't scheduled in the area, the patient is flown to meet the Lithostar, said Oldroyd.

It contains the lithotripter unit and computer banks, X-ray and fluoroscopic equipment, a patient table area with fold-out walls to heighten the feeling of spaciousness, a darkroom lab, and video screens.

Trained to operate in the Lithostar are Dr. Dean Bristow, Dr. Joseph Armstrong, Dr. James Clarke, Dr. Duane Davis, Dr. Ronald Saunders and Dr. Herbert Spencer, in addition to Dr. Oldroyd.

Patty Miller R.N. from LDS Hospital oversees the Lithostar operation.

## Commissioner to serve on NACo lands committee

By SONNI SCHWINN  
Herald Correspondent

## Mission reunions

AUSTRALIA, SYDNEY — Pres. Burton S. Tingey, Sat., Sept. 30, 8:30 p.m., 1970 E. Stratford Ave. (2555 S. 20th E).

will be there, sundae bar, dress casual, more info. Cory Payne, 341-0404.

FRANCO-BELGIAN — Pres. Edmunds

presidents past and present, Fri., Sept. 29, 7:30 p.m., Salt Lake 27th Ward, 185 Street, Salt Lake City, fee \$2.75 per